



SENARAI REKOD-REKOD KEJOHANAN BALAPAN DAN PADANG MSSD SABAK BERNAM

ACARA	KELAS	NAMA PEMEGANG REKOD	MASA/ JARAK	SEKOLAH	TAHUN
100 METER	L1	MUHAMMAD ALIF BIN M. SALLEH	11.38s	SMKA SIMPANG LIMA	2014
	L2	NORAZIZI BIN SOBARI	11.58s	SMK UNGKU AZIZ	2004
	L3	NORAZIZI BIN SOBARI	12.28s	SMK UNGKU AZIZ	2003
	L4	ZAHARI BIN MOHD ZAINI	12.44s	SK PARIT 6	2000
	L5	PUA CHUN WENG	14.29s	SJKC YOKE KUAN	2003
	P1	YUSNAIZA NOOR BT. MOHD YUSOF	13.09s	SMK SUNGAI BESAR	1998
	P2	NG SIAW LING	14.15s	SMK YOKE KUAN	2003
	P3	NOR AMIRA BT. BAHARUDIN	14.43s	SMK UNGKU AZIZ	2003
	P4	NURUL FALAH BT. HANAFI	14.25s	SK DOKTOR ABDUL LATIFF	1999
	P5	UMI HANI BT. HARUN	15.04s	SK DOKTOR ABDUL LATIFF	2004
200 METER	L1	AKMAL HAZIN BIN SHAHARUDDIN	23.33s	SMK MUNSHI ABDULLAH	2007
	L2	ONG CHIEN HOON	24.98s	SMK T.A. RAHMAN PUTRA	2000
	L3	BEH TIAN CHUAN	25.94s	SMK SUNGAI BESAR	2006
	L4	ZAHARI BIN ZAINI	25.91s	SK PARIT 6	2000
	L5	KHAIRUL AZHAR BIN MOHD YUSOF	31.15s	SK SERI BAHAGIA	2005
	P1	NG GAIK HOON	28.53s	SMK YOKE KUAN	2000
	P2	NG GAIK HOON	29.63s	SMK YOKE KUAN	1998
	P3	TAN ZI QIAN	30.88s	SMK SERI BEDENA	2007
	P4	NORMAWATI BT. ABU SAMAH	30.25s	SK SERI MAKMUR	1990
	P5	SITI NORZAIDAH BT. MOHAMAD	32.65s	SK LUBUK PUSING	2004
400 METER	L1	AKMAL HAZIQ BIN SHAHARUDDIN	54.09s	SMK MUNSHI ABDULLAH	2007
	L2	PUA CHUN HUAT	57.62s	SMK YOKE KUAN	2007
	L3	KEE SENG HUAT	61.20s	SMK YOKE KUAN	2003
	P1	CHIA MOOI SEE	69.05s	SMK SUNGAI BESAR	2000
	P2	SIEW YEN LU	72.20s	SMK YOKE KUAN	2002
	P3	VANITHA A/P DAVATAS	74.26s	SMK MUNSHI ABDULLAH	2014
800 METER	L1	HARSVIN A/L SALWARAJOO	2:09.83s	SMK T.A. RAHMAN PUTRA	2014
	L2	FARIZ BIN ABDUL RAHMAN	2:19:00s	SMK T.A. RAHMAN PUTRA	2003
	L3	HENDERA BIN SALIM	2:18:48s	SMK BAGAN TERAP	2005
	P1	NG HUI THENG	3:02.53s	SMK YOKE KUAN	2014
	P2	SIM SEE YUNG	2:52:00s	SMK YOKE KUAN	2003
	P3	HENG JENG YI	2:52:00s	SMK YOKE KUAN	2003
1500 METER	L1	HARSVIN A/L SALWARAJOO	4:40.06s	SMK T.A. RAHMAN PUTRA	2014
	L2	MURALI A/L MANOHAR	5:01:62s	SMK T.A. RAHMAN PUTRA	1999
	L3	NG THIAM HUAT	5:16:50s	SMK YOKE KUAN	2004
	P1	HEMAWATY A/P MUNUSAMY	6:02:03s	SMK UNGKU AZIZ	2004
	P2	MOGANAVALI	5:54:60s	SMK YOKE KUAN	1998
	P3	LEE LAY BOON	6:08:87s	SMK YOKE KUAN	2006
3000 METER	P (T)	PUVANASHANTI A/P VERAPAN	13:17:00s	SMK T.A. RAHMAN PUTRA	2000
5000 METER	L (T)	HARSVIN A/L SALWARAJOO	18:00.91s	SMK T.A. RAHMAN PUTRA	2014
80 METER LARI BERPAGAR	L4	NAZLI BIN ABAS	13.20s	SK DOKTOR ABDUL LATIFF	1989
	L5	MOHD NABIL DANIAL BIN MISWAN	15.59s	SK SERI MAKMUR	2005
	P4	NOR AZERINA BT. JAMALUDIN	14.75s	SK DOKTOR ABDUL LATIFF	1999
	P5	UMI HANI BT. HARUN	15.56s	SK DOKTOR ABDUL LATIFF	2003
100 METER LARI BERPAGAR	L3	M. AMIN DANIEL B. JAMAL	16.45s	SMK DATO MUSTAFFA	2014
	P1	NG GAIK HOON	19.23s	SMK YOKE KUAN	2000
	P2	NORHIDAYU BT. BAHAROM	18.44s	SMK UNGKU AZIZ	2000
	P3	NOR AMIRA BT. BAHARUDIN	18.44s	SMK UNGKU AZIZ	2004

ACARA	KELAS	NAMA PEMEGANG REKOD	MASA/ JARAK	SEKOLAH	TAHUN
110 METER LARI BERPAGAR	L1	MOHD SAIFUL BIN JAMAL	15.81s	SMK UNGKU AZIZ	2000
	L2	MOHD HAFIS BIN MOHAMED	17.19s	SMK T.A. RAHMAN PUTRA	2013
200 METER LARI BERPAGAR	L2	AHMAD MUZAMMIL B. ABD. HALIM	29.37s	SMKA SIMPANG LIMA	2014
	L3	M. AMIN DANIEL B. JAMAL	28.99s	SMK DATO MUSTAFFA	2014
	P2	NOR FADILAH BT. RAMLI	36.67s	SMK UNGKU AZIZ	2003
	P3	NOR AMIRA BT. BAHARUDIN	37.01s	SMK UNGKU AZIZ	2004
400 METER LARI BERPAGAR	L1	BILLY LEONG REN JIT	59.37s	SMK YOKE KUAN	2014
	P1	YUSNAIZA NOOR BT. MOHD YUSOF	76.10s	SMK SUNGAI BESAR	1998
4 x 100 METER	L1	SMK YOKE KUAN	46.82s	SMK YOKE KUAN	2014
	L2	SMK UNGKU AZIZ	48.62s	SMK UNGKU AZIZ	1998
	L3	SBPI SABAK BERNAM	51.19s	SBPI SABAK BERNAM	2014
	L4	SK PARIT 6	55.87s	SK PARIT 6	1999
	L5	SJKC LUM HUA	60.81s	SJKC LUM HUA	2014
	P1	SMK YOKE KUAN	57.41s	SMK YOKE KUAN	2005
	P2	SMK YOKE KUAN	56.87s	SMK YOKE KUAN	1999
	P3	SMK YOKE KUAN	60.55s	SMK YOKE KUAN	2004
	P4	SK DOKTOR ABDUL LATIFF	58.80s	SK DOKTOR ABDUL LATIFF	1998
	P5	SK DOKTOR ABDUL LATIFF	63.61s	SK DOKTOR ABDUL LATIFF	2003
4 x 200 METER	L4	SK DOKTOR ABDUL LATIFF	1:59:22s	SK DOKTOR ABDUL LATIFF	2000
	L5	SK SERI MAKMUR	2:08:86s	SK SERI MAKMUR	2005
	P4	SK DOKTOR ABDUL LATIFF	2:07:00s	SK DOKTOR ABDUL LATIFF	1998
	P5	SJKC SIN MIN	2:21:24s	SJKC SIN MIN	2014
4 x 400 METER	L1	SMK YOKE KUAN	3:50:10s	SMK YOKE KUAN	1999
	L2	SMK YOKE KUAN	4:00:97s	SMK YOKE KUAN	2007
	L3	SMK UNGKU AZIZ	4:15:56s	SMK UNGKU AZIZ	2003
	P1	SMK YOKE KUAN	4:53:78s	SMK YOKE KUAN	2005
	P2	SMK UNGKU AZIZ	4:57:00s	SMK UNGKU AZIZ	1998
	P3	SMK YOKE KUAN	5:13:89s	SMK YOKE KUAN	2003
LOMPAT JAUH	L1	TIM YAP WOON	6.12m	SMK UNGKU AZIZ	1999
	L2	MOHD ZUBIR BIN ZAINI	5.78m	SMK UNGKU AZIZ	2004
	L3	MOHD HAFIZAM IKMAL BIN MARLIS	5.33m	SMK UNGKU AZIZ	2013
	L4	HAIROZAMAN BIN RONI	6.12m	SK TUN DR ISMAIL	1978
	L5	WONG LI DE	4.10m	SJKC YOKE KUAN	2013
	P1	YUSNAIZA NOOR BT. MOHD YUSUF	4.88m	SMK SUNGAI BESAR	1998
	P2	TAN JIE YIN	4.23m	SMK UNGKU AZIZ	2005
	P3	MARIAM BINTI RUSNAN	4.21m	SMK DATO' MUSTAFFA	2004
	P4	ARBAIYAH BT. SAAD	4.32m		
	P5	AYREEN FARISHA BT. MAT YUSRI	3.64m	SJKC YOKE KUAN	2012
LOMPAT KIJANG	L1	MOHD FAHMI BIN JAMINGAN	12.81m	SMKA SIMPANG LIMA	2003
	L2	AHMAD SAFWAN BIN ABD. RASHID	12.03m	SBPI SABAK BERNAM	2007
	L3	AHMAD SAFWAN BIN ABD. RASHID	10.68m	SBPI SABAK BERNAM	2005
	P1	IZAIDAH BT. ISTIHAT	9.24m	SMK T.A. RAHMAN PUTRA	1999
	P2	NUR ERNI BT. KAMAL	8.06m	SMK UNGKU AZIZ	2004
	P3	NORSEHA BT. SIDEK	8.36m	SMK UNGKU AZIZ	2005

ACARA	KELAS	NAMA PEMEGANG REKOD	JARAK/ MASA	SEKOLAH	TAHUN
LOMPAT TINGGI	L1	MOK CHEE CHENG	1.78m	SMK SUNGAI BESAR	2014
	L2	CHIA JIA LE	1.69m	SMK YOKE KUAN	2014
	L3	LEONG KOK WEI	1.65m	SMK YOKE KUAN	2004
	L4	SHAMSUDDIN	1.55m		
	L5	MOHD AZROEI BIN MASRURO	1.25m	SK SERI MAKMUR	2003
	P1	SITI AISYAH BT. ABDULLAH	1.37m	SMK SERI BEDENA	2000
	P2	ROZIANA BT. RUSOLI	1.34m	SMK UNGKU AZIZ	2000
	P3	TAN YEN YEN	1.33m	SMK YOKE KUAN	2014
	P4	ARBAYAH BT. SAAD	1.32m		
	P5	NORHANISAH BT. MISRI	1.19m	SK SIMPANG LIMA	2004
LEMPAR CAKERA	L1	TAN GIAP CHUNG	32.56m	SMK T.A. RAHMAN PUTRA	2004
	L2	MUHAMMAD AZMEER AZFAR BIN ABDUL BASIR	36.47m	SMK BAGAN TERAP	2014
	L3	MUHAMMAD AZMEER AZFAR BIN ABDUL BASIR	32.07m	SMK BAGAN TERAP	2013
	P1	NORMALA DEWI BT. HASHIM	21.89m	SMK SUNGAI BESAR	2003
	P2	NURUL LIYANA BT. RAMLI	19.90m	SMK BAGAN TERAP	1999
	P3	NUR IRDINA BT. NORAZIDIN	19.17m	SMK SERI BEDENA	2013
LONTAR PELURU	L1	KECK SHOON CHIUN	12.01m	SMK YOKE KUAN	2003
	L2	MOHD KHAIRUL ANUAR BIN MOHAMAD	12.34m	SMK BAGAN TERAP	2005
	L3	MOHD KHAIRUL ANUAR BIN MOHAMAD	12.09m	SMK BAGAN TERAP	2004
	LR (T)	HASHIM BIN SAYUTI	10.78m	SK BATU 38	1981
	P1	CHEW SHIAW THENG	8.16m	SMK YOKE KUAN	1999
	P2	NURFARAHATUL ADHA BT. KHALID	7.76m	SMK BAGAN TERAP	2013
	P3	NUR IRDINA BT. NORAZIDIN	7.51m	SMK SERI BEDENA	2013
	PR (T)	NAZIMATUL SHIMA BT. AYOB	7.72m	SK SERI UTAMA	1989
MEREJAM LEMBING	L1	KAMARUZAMAN BIN HALIDIN	43.31m	SMK SERI BEDENA	1999
	L2	MUHAMMAD AZMEER AZFAR BIN ABDUL BASIR	42.10m	SMK BAGAN TERAP	2014
	L3	MUHAMMAD AZMEER AZFAR BIN ABDUL BASIR	36.44m	SMK BAGAN TERAP	2013
	P1	SITI NORHAWA BT. ABD. RAHMAN	26.88m	SMK BAGAN TERAP	1999
	P2	PUA SHEAN YU	23.23m	SMK YOKE KUAN	2003
	P3	FATEHA BT. RAMLI	22.10m	SMK T.A. RAHMAN PUTRA	2004

Nota :

- 19 rekod daerah dalam **Kejohanan Balapan dan Padang MSSD Daerah Sabak Bernam Tahun 2014** lepas telah berjaya dipecahkan
- Tahniah kepada atlit yang telah berjaya memecahkan rekod kejohanan

Disediakan oleh
Pengerusi Teknik dan Pembangunan
Balapan dan Padang (Menengah) dan (Rendah)
MSSD Sabak Bernam